



## OUR STORY

The Happy Leaves is an Autism & Special Needs therapy centre which truly offers a one-stop solution for individuals with learning difficulties and psychological concerns. Our services include administering thorough assessments by Specialist Doctors, registered Clinical Psychologists as well as offering a wide range of highly individualized behaviour therapy/psychotherapy for both children and adults.

We accept a range of children with learning difficulties (eg: ASD, ADHD, Dyslexia, Mild Intellectual Impairment and etc) and provide an environment for them to freely express themselves without judgment. As such, every aspect of your child's health which encompasses physical, emotional, behavioral and social factors will be adequately cared for at The Happy Leaves.

位于 Setia Alam 市区的 The Happy Leaves 自闭与特殊儿童治疗中心,创办于2018年。The Happy Leaves 自闭与特殊儿童治疗中心是一所由多方位专业人士组成的精英团队。其中包括了家庭专科医生,专业临床心理治疗师与多位行为治疗师。创办的宗旨是为了提供最全面的评估与治疗方案给患有自闭症,多动症,以及情绪,语言。学习,智力障碍的儿童们。

我们中心秉承仁爱,理解,同理,融合,全纳的教学理念,认真负责的工作精神,结合各种科学有效的训练方法,力争使前来接受治疗的儿童们能够在最短的时间内各方面能力得到提升。同时,我们中心也注重与家长和学校老师们的密切互动和及时交流,以备家长和老师们能更理解儿童们的需求与中心的重点训练计划。

- ✓ Highly qualified team; comprises of medical doctor, clinical psychologists and child therapists.
- ✓ Therapies are conducted based on the most recent evidence-based approaches.
- ✓ Child-friendly environment with huge indoor playground.
- ✓ Offering a wide range of services; both individual and group.
- ✓ Speçializes in diagnosis and social skills training.
- ✓ Practical and informative workshop and talk
- ✓ 拥有多位专业人士所组成的精英团队;包括了家庭专科医生, 专业临床治疗师与多位行为治疗师
- ✓ 依据最为广泛研究及最具有显著效果的治疗方案
- ✓ 2层楼层,配备各类儿童适用的游乐设施,智力开发教具与安全卫生的环境
- √ 提供多方位和全面性的评估,诊断以及治疗(个人与多人组)
- ✓ 提供最专业的行为与心理诊断和社交沟通训练
- ✓ 经常提供最新的研发治疗、治疗方案研讨与讲座

## Our Founder 创办人

Datin Sri' Janet Chew

Medical Doctor (Family Medicine Specialist) 专科家庭医牛

- Dr. Han Yung Wen (MBBChBAO, MMedFamMed, FRACGP) Clinical Director 顾问总监
- · Ms. Ellie Han

Case Consultant (Clinical Psychologist) 个案顾问 (临床心理治疗师)

- · Mr. Edward Hoh
- · Ms. Lee Mei Li
- **©** ENQUIRY

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012 - 714 2779

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wecare@thehappyleaves.com

## O LOCATE US

7, Jalan Setia Dagang AJ U13/AJ, Setia Alam, 40170 Shah Alam. Selangor.

#### ( BUSINESS HOUR

Mon - Fri: 9:30am - 5:30pm First Saturday: 10:00am - 1:00pm Sat - Sun: OFF



thehappyleaves.com



宝宝早期幼儿班

## Baby Leaves Early Years Project

The Baby Leaves Early Years Project is an early education and intervention program for young children aged 5 and below. It is specifically developed by our team of professionals. utilizing and integrating various approaches that have been well-researched over the past decades. It is derived from naturalistic, developmental (DENVER) and behavioural (ABA) principles; targeting various aspects of a child's life inclusive of gross & fine motor, speech development, social communication skills, play & adaptive functioning and others.

The program will run 5 days a week, from Monday to Friday. The main aim of the program is to support transition to mainstream preschools while serving as a form of early intervention for very young toddlers (e.g., 18 - 60 mths).

## **⇔** AGE RANGE

2 to 5 years old

## SCHOOLING SCHEDULE

Monday to Friday, 9.30am to 12.30pm

#### ① PROGRAMS

- Basic literacy

- Behavioural modification
- Motor skills and imitation

## Baby Leaves宝宝早期幼儿班

Baby Leaves 宝宝早期幼儿班是一项专门为 2 至 5 岁的特殊小孩或患有早期迹象的幼儿们而特制的早期 教育与干预班。Baby Leaves 宝宝早期幼儿班应用了目前最为广泛研究及最具有显著效果的治疗方案; 如Denver Model 和 ABA 行为分析。我们的幼儿班不仅是融入了早期行为治疗的各种方案,也包含了幼 儿们所需要学习的早期教育。幼儿班的老师与幼儿们的比例也相对的小,这不但能提升教学品质,也能 促使幼儿们能更好的学习各种生活技巧与大脑开发。

课程上,治疗师会依据幼儿们的学习进度做出相对应的调整和评估;以达到各项技能的提升。Baby Leaves 宝宝早期幼儿班会以一星期五日值的形式进行,并且以幼儿们能更早的融入大宗主流教育为主。

#### 课程教学范围:

- 小班化教学及一对一针对行教学
- 美术及音乐
- •语言培训(语言表达和理解)与社交沟通
- 听力与说话

- 认知干预
- 情绪管理
- 行为干预
- •运动技能(精细及大幅运动技能)



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## O LOCATE US



Diagnostic & Psychological Assessment

心理、行为以及智商评估报告

## **Diagnostic and Psychological Assessment**

At The Happy Leaves, we also cater services for children who experience academic, social and emotional challenges. Families could seek psychological assessment to assess the child's current functioning level and better understand the nature of their difficulties to devise appropriate treatment plans.

## TYPES OF PSYCHOLOGICAL AND BEHAVIOURAL ASSESSMENTS AVAILABLE:

- Intellectual functioning assessment (IQ Test)
- Behavioural and emotional functioning assessment
- Adaptive functioning assessment
- Dyslexia assessment
- Autism assessment
- Attention deficit hyperactivity (ADHD) assessment
- School Achievement assessment (academic performance)

## 心理, 行为以及智商评估报告

我们中心也有提供最专业的心理,行为以及智商评估。 对于在学业,情绪,甚至社交方面正在面对困 扰的小朋友,校方与家长们可以向我们咨询相关的国际评估。我们所提供的报告适用于让家长们更了 解孩子们的心理与行为情况以制定更有效的干预方案。

#### 我们的服务:

- 智力评估
- 白闭症评估
- 行为及情绪功能评估
- 多动症评估
- 适应能力评估
- 学校课业评估(以国际课程为准)





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#### O LOCATE US



Integrative Behavioural Therapy

个别化行为治疗

## Happy Leaves IBT (Integrative Behaviour Therapy)

Our Happy Leaves IBT sessions are integrative therapies specifically tailored to suit each and every child's innate strengths and needs. Our integrative behaviour therapy sessions are tailored with the aim of achieving success in different aspects (social, emotional, behavioural, cognitive aspect) of the child.

Our IBT integrates both developmental and behavioural approaches (eg: ABA, JASPER, Denver Model etc.), with emphasis on incidental teaching. Our strength lies in enhancing social communication and engagement as well as increasing emotional resilience.

## **(i)** WE PROVIDE INDIVIDUALIZED THERAPY FOR THE FOLLOWING:

- SOCIAL PLAY GROUP

## Happy Leaves 个别化行为治疗

治疗的方案会依据小孩的需要及优势以达到最佳的治疗效果。治疗的范围包括社交,情绪,行为及认 知。治疗方案是以"发展理论及行为主义为架构(丹佛模式,应用行为分析及JASPER 等),我们也 着重机会教育,在自然的环境教下进行治疗。我们的强项在于促进社交沟通与他人交流以及提高心理 韧性。

#### 我们的服务对象:

• 白闭症 •神经系统综合症, 例如:

(威廉综合症,努南综合症,唐氏综合症等) •发育沢缓

多动症 •儿童社交小组

•学习障碍



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#### O LOCATE US



# Psychotherapy Services

心理治疗服务

## **Psychotherapy Services**

We offer both children and adult psychotherapy services. We believe in a holistic approach in managing social-emotional difficulties and other mental health issues. Our clinicians practice a variety of psychotherapies including Cognitive Behavioural Therapy (CBT), Existential therapy, and incorporates expressive art and mindfulness self-compassion in therapy. Our sessions are based on appointment basis only.

## **10** WE PROVIDE PSYCHOTHERAPY SERVICES FOR THE FOLLOWING:

- Depression

- Low self-esteem and other social-emotional issues

## 心理治疗服务

我们的中心也提供儿童和成年人的辅导及心理治疗服务。我们的团队是由资深的心理治疗师组成。他 们所提供的心理治疗应用了认知行为治疗,存在心理治疗,艺术学,正念学等等。所有心理治疗与辅 导服务均需要提早预约。

#### 我们的服务对象:

白闭症

• 焦虑症 (恐慌症,强迫症)

• 注意力不足或过动症

小理压力

情绪管理

• 人格障碍

狂躁症

• 关系和人际关系困难

• 忧郁症

• 缺乏自信心及过多负面情绪



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#### O LOCATE US



Medical Services

医疗服务

## **Medical Services**

We have our own in-house medical doctors who provides medical services such as health screenings, general medical care and immunization for children and adults. Our family medicine specialist will assist on medical diagnosis, OKU applications, and other relevant physical/medical procedures or referrals.

#### OPERATING HOUR

Monday to Friday, 9.00am to 6.30pm Saturday, 9.00am to 1.00pm

**© CLINIC HOTLINE** 03 – 3358 6178

#### **③** SERVICES & TREATMENT

- General Medical Care & Geriatric Care
- Prevention & Health Screenings
- Hypertensive & Diabetic scare
- Immunization for children & adults
- Minor surgical procedures
- Antenatal 2D/3D/4D scans & consultation
- Breastfeeding counselling
- Postnatal & Contraception Counselling

## 医疗服务

我们在职的专科医生也精通与提供儿童和成人的医疗服务与配套,例如健康检查,一般医疗保健和免疫接种。此外,我们的专科家庭医生也会依据健康检查报告而协助进行医学诊断,申请登记残疾人士相关程序以及其他医疗相关的转诊。

诊所的营业时间为周一至周五,上午9点至下午6:30,周六上午9点至下午1点。诊所的热线是03-3358 6178。

## 诊疗服务:

- 一般医疗和老年护理
- 预防和健康筛查
- 高血压与糖尿病医疗
- 儿童和成人预防针

- 小型手术
- ·产前2D/3D/4D 扫描和咨询
- · 母乳脯育
- 产后和避孕咨询与医疗



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